

Ruscogenins 0.5g / Trimebutine 5.8g Rectal Cream

Ruscogenins 10mg / Trimebutine 120mg Suppository (russ-KOH-jeh-nans/TRY-meh-BYOO-teen)

What is this medication used for

This medication containing both ruscogenins and trimebutine help to relieve haemorrhoidal itching, anal fissures, anal inflammation and also rectal bleeding from fissures and haemorrhoids (piles).

Ruscogenins help to reduce inflammation and bleeding at the anal region. Trimebutine, an anal muscle relaxant, helps to reduce abnormal spasms of the anal muscle, thus reducing the pain associated with it.

How to use this medication

Adults 18 years old and above

Rectal Cream: Apply one to two applications of cream per day to the affected region.

Suppositories: Insert one to two suppositories per day.

Wash your hands. Remove the wrapping from the suppository. Moisten the end of the suppository with a little water to ease the administration. Lie on your side with one leg bent towards you, and the other straight. Push the suppository into the rectum with your finger, pointed end first. Push it in past the muscular sphincter of the rectum, about 1 inch for adults. Remain in the position for at least 5 minutes.

If you forget or miss a dose, use it as soon as you remember. If it is nearly time for the next dose, skip the missed application and continue with next dose at the usual time.

Before you use this medication

Medical advice should be sought if you are passing black and sticky stools as this could mean that the bleeding could be caused by other underlying condition(s).

This medication should be avoided if you have a known history of allergy to ruscogenins, trimebutine, or any of the other listed ingredients in the product.

Please seek your doctor's or pharmacist's advice before using this medication if you are pregnant or breastfeeding.

Side effects

Common side effects: rash, hives, itching, inflammation, redness.

When to seek further medical advice

Inform your doctor and/or pharmacist immediately if you experience any allergic symptoms (e.g. rashes, itchiness, difficulty in breathing or eye swelling) or serious side effects (e.g. multiple skin lesions) due to this medication.

Consult a doctor if you do not observe improvement after the given course of medication, or if your condition worsens.

How should this medication be kept

Keep out of reach and sight of children.

Store in a cool dry place.



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