

What is this medicine for?

Risperidone is used to treat and prevent return of psychosis (such as hearing or seeing things which are actually not present, confused or unreal thoughts or uncontrolled anger).

It can also be used to treat mania in bipolar disorder (such as elated mood, irritability or increased activity and energy).

Risperidone may also be used for other conditions, check with your doctor.

Before using this medicine:

Tell your doctor if you have or have ever had Parkinson's disease; Alzheimer's disease; heart, liver or kidney disease; stroke; diabetes; seizures (fits); breast cancer or drug allergies.

FOR WOMEN: Tell your doctor if you are pregnant, plan to become pregnant, or are breast-feeding.

How to use this medicine?

Follow the directions on your medicine label and take the medicine exactly as directed. Do not take more or less of it or take it more often than prescribed by your doctor.

For patients taking the risperidone *oral solution*:

- Measure the dose carefully with the measuring tube (pipette) provided
- You may mix the dose of oral solution with a small glass of water, coffee, orange juice or low-fat milk.
- *Do not mix with tea, cola or alcoholic drinks.*

For patients on Risperidone (Risperdal Consta™) *injection*:

- It can be given as an injection into your upper arm or buttock muscle.

Continue to take this medicine as prescribed even if you feel well. Do not stop taking it without talking to your doctor, otherwise your condition may worsen very quickly. Risperidone must be taken regularly for a few weeks before its full effect is felt.

Precautions while taking this medicine:

- Risperidone may make you drowsy or less alert. Do not drive or operate machinery if affected. Avoid alcohol.
- Risperidone may sometimes worsen blood glucose control in diabetes. Maintain regular check-ups with your doctor.
- Risperidone may interfere with your body's ability to cool down (make you sweat less), causing your body temperature to increase. Use extra care not to be become overheated during strenuous exercise or hot weather.
- When you take this medicine with some other medicines, it may affect how they work. Be sure that you tell all doctors, pharmacists, dentists and other health care providers who treat you about all medicines and natural remedies you are taking.

What should I do if I forget a dose?

Take the missed dose as soon as you remember it. However, if it is more than half way between the doses, skip the missed dose and take your medicine at the usual time.

Do not take two doses at the same time to make up for a missed one.

For patients on Risperidone (Risperdal Consta™) *injection*:

- Please call your doctor to arrange for an appointment visit

Possible Side Effects

Like all medications, this medication may also cause some POSSIBLE side effects in some people. Everyone responds differently to medications; so not everyone experiences any or all of them.

COMMON (Generally affect up to 10% of patients)

Most of these side effects below will get better or go away completely with continued medication taking as your body gets used to this medication. Contact your doctor or pharmacist should they become too bothersome to you.

- ~ Difficulty sleeping
- ~ Anxiety
- ~ Headache
- ~ Constipation, stomach upset
- ~ Stuffiness or runny nose
- ~ Drowsiness
- ~ Dizziness (can be reduced by getting up slowly from a sitting or lying down position)
- ~ Mild pain, itchiness, redness or swelling at the injection site (For Risperidone injection only)

FOR URGENT ATTENTION

Check with your doctor as soon as possible if you have any of the following:

- ~ Allergic reaction: Skin rash or itching
- ~ Fast or irregular heartbeat
- ~ High fever, muscle stiffness or confusion
- ~ Difficulty in speaking or swallowing
- ~ Muscle spasms (such as face, neck, back and eyelids), twitching or uncontrolled body movements
- ~ Restlessness or need to keep moving constantly
- ~ Seizures (fits)
- ~ Blurred vision

If you have any concerns about your medications or if you have other side effects that you think are caused by this medicine, please consult with your doctor or pharmacist.

Where should I store the medicine?

Store this medicine at room temperature, away from direct light, heat and moisture (not in the bathroom) and out of reach of children.
Do not freeze.

Throw away any medication that is expired or no longer needed.

For patients on risperidone *injection*, this drug will be given to you in a hospital or at the doctor's office. You will not store it at home.

Do not share the medicine with other people.

Ask your doctor or pharmacist for more information or if you have any questions.

Institute of Mental Health

Pharmacy Department
10 Buangkok View
Singapore 539747

For medication enquiries: (during office hours)

IMH Clinic B/ Sayang Wellness Pharmacy: 63892077

IMH Clinic C (NAMS) Pharmacy: 63893666

Community Wellness Centre Pharmacy: 64715797

Geylang Behavioural Medicine Pharmacy: 67461724

Child Guidance Clinic (HPB) Pharmacy: 64353807

Child Guidance (Sunrise Wing) Pharmacy: 63892410

Email: enquiry@imh.com.sg



Patient Information Leaflet on

RISPERIDONE

