



MEDICINE TO TREAT: INCONTINENCE

Oxybutynin
Tolterodine

1. What are these medicines for?

Oxybutynin and Tolterodine are medicines used in the treatment of patients who have urinary frequency (keep going to the toilet to urinate), urgency (not able to control the urge and need to go to the toilet immediately) or incontinence (leaking of urine).

2. How should I take the medicines?

- Do not stop taking your medicines without checking with your doctors.
- If you miss a dose, take the missed dose as soon as you remember. If it is almost time for your next dose, take only the usual dose. Do not double your dose or use extra medicine to make up for the missed dose.
- Follow the dose given by your doctor. The doctor will decide on the amount of medicine to give to you based on your condition.

3. What are the possible side effects of the medicines?

The common side effects of these medicines are dry mouth, constipation, nausea and vomiting, blurred vision, drowsiness and dizziness. To relieve your dry mouth, you can try sucking on small pieces of ice or sugar-free candy.

4. How do I know if I am allergic to these medicines?

The symptoms of a drug allergy include one or more of the following:

- Swollen face/eyes/lips
- Difficulty in breathing
- Itchy skin rashes over your whole body

If you experience any of these symptoms, you should stop your medicine immediately and see your doctor.

5. What precautions should I follow when taking the medicine?

Inform your doctor and pharmacist if you have other medical conditions such as

- heart failure
- glaucoma
- severe colitis (inflammation of the lining of the large intestine)

Inform your doctor and pharmacist if you are already taking some other medicines, herbal preparations, nutritional products or vitamin supplements.

You must tell your doctor if you are allergic to any other medicines, or if you develop an allergy while taking these medicines.

Be careful when driving or operating machinery as these medicines may cause drowsiness and blurred vision. Avoid alcohol and other medicines that make you less alert.

Inform your doctor if you are breast-feeding, pregnant or likely to become pregnant while you are taking this medicine.

6. How should I store the medicines?

- Keep your medicines in the original container or packaging, tightly closed or sealed in a cool and dry place, away from direct sunlight.
- Keep the medicine out of reach of children.
- Throw away all expired medicines.

This leaflet answers some common questions about this medicine. It does not contain all the available information. It also does not take the place of talking to your doctor or pharmacist