

Fexofenadine 180 mg Tablet (feks-oh-FEN-a-deen)

What is this medication used for

Fexofenadine is used for relieving symptoms of allergic conditions such as sneezing, runny nose, itchy and red eyes, skin rashes or hives. Fexofenadine belongs to a group of medications called antihistamines. It works by stopping the effects of histamine, a chemical that causes the allergy symptoms.

How to use this medication

Adults and adolescents 12 years old and above

One tablet to be taken once daily when required. Use in children below 12 years old is not recommended.

Fexofenadine may be taken with or without food. Do not take this product with fruit juices.

Do not use this medicine for longer than 10 days without further medical advice.

Before you use this medication

Medical advice should be sought before use if you have the following condition: kidney problems, liver problems, history or current heart disease and the elderly.

This medication should be avoided if you have a known history of allergy to fexofenadine, terfenadine or any of the other listed ingredients in the product.

Please seek your doctor's or pharmacist's advice before using this medication if you are pregnant or breastfeeding.

Interactions with other medications

Be sure to inform your doctor and/or pharmacist if you are taking, have recently taken or plan to take other medications, nutritional supplements or herbal products.

Side effects

Common side effects: occasional, mild side effects include fatigue, drowsiness, dizziness, blurred vision, headache, nausea.

Rare side effect: fast or irregular heartbeat.

When to seek further medical advice

Inform your doctor and/or pharmacist immediately if you experience any allergic symptoms (e.g. rashes, itchiness, difficulty in breathing or eye swelling) or serious side effects due to this medication such as fast or irregular heartbeat.

Consult a doctor if your symptoms do not improve after 10 days of use, or if the condition worsens.

How should this medication be kept

Keep out of reach and sight of children.

Store in a cool dry place.



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