

Desloratadine 2.5mg/Pseudoephedrine 120mg Modified Release Oral Tablet (des-lor-AT-a-deen/soo-doe-eh-FED-rin)

What is this medication used for

This combination of desloratadine and pseudoephedrine is used indicated for the relief of symptoms associated with allergic rhinitis including nasal congestion, sneezing, runny nose, itching of the nose and/or eyes. Desloratadine belongs to a group of medications called antihistamines. It works by stopping the effects of histamine, a chemical that causes the allergy symptoms. Pseudoephedrine is a nasal decongestant that shrinks swollen nasal tissues and opens up nasal passages. It should be administered when both the antihistamine effect of desloratadine and the decongestant effect of pseudoephedrine are required.

How to take this medication

Adults and adolescents 12 years old and above

One tablet to be taken twice daily as required.

It is not suitable for children under 12 years of age.

Desloratadine/pseudoephedrine may be taken with or without food. The tablet should be swallowed whole, do not chew, break or crush the tablet.

Before using this medication

Medical advice should be sought before use if you have the following conditions:

Narrow angle -glaucoma, overactive thyroid, kidney problems (including urinary retention), prostate problems, liver problems, history of or current heart disease (including uncontrolled high blood pressure), or diabetes mellitus

This medication should be avoided if you have a known history of allergy to desloratadine, loratadine, pseudoephedrine or any of the other listed ingredients in the product.

Please seek your doctor's or pharmacist's advice if you are taking other medications especially medications such as monoamine oxidase inhibitors (MAOIs) or if you are pregnant or breastfeeding.

Interactions with other medications

Be sure to inform your doctor and/or pharmacist if you are taking, have recently taken or plan to take other medications (especially anti-depressants), nutritional supplements or herbal products.

Side effects

Common side effects: Feeling light headed, blurred vision, decreased alertness, headache, dry mouth, nervousness, insomnia, irregular heartbeat.

When to seek further medical advice

Inform your doctor and/or pharmacist immediately if you experience any allergic symptoms (e.g. rashes, itchiness, difficulty in breathing or eye swelling) or serious side effects due to this medication.

Consult a doctor if condition worsens or does not improve after 5 days of use.

How should this medication be kept

Keep out of reach and sight of children.

Store in a cool dry place.



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