

# PATIENT INFORMATION

Medicine To Treat: \_\_\_\_\_

## **C**ardiac Diseases

*Anti-anginal Agents (II)*  
*Trimetazidine*



## **ABOUT YOUR MEDICINE**

Your doctor has just prescribed for you Trimetazidine. The brand available in the market is Vastarel®.

## **WHAT IS TRIMETAZIDINE USED FOR?**

Trimetazidine is used for long term treatment of angina. Angina is pain arising from the heart muscle when it does not receive enough oxygen. You may have the feeling of indigestion, fullness, squeezing pressure, tightness in the chest spreading to your arms or neck. Trimetazidine increases coronary reserve, prevents sudden rises in blood pressure and reduces the frequency of angina attacks.

## **HOW SHOULD I TAKE THE MEDICINE?**

Trimetazidine comes in the form of tablet. It should be taken by mouth with a drink of water. Follow the directions on the prescription label. Always take the medicine with meals.

## **WHAT SHOULD I DO IF I FORGET A DOSE?**

Try not to miss doses. If you do miss a dose, take it as soon as you remember it. Take the remaining doses for that day at evenly spaced intervals. Do not take a double dose to make up for the missed one.

***Keep all medication out of reach of children.***

## **WHAT SIDE EFFECTS CAN THIS MEDICINE CAUSE?**

Gastrointestinal discomfort may occur infrequently and it is usually mild.

## **WHAT PRECAUTIONS SHOULD I FOLLOW?**

Inform your doctor and pharmacist if you are

- Allergic to Trimetazidine or any other drugs.
- Pregnant or breast-feeding.
- Taking a monoamine-oxidase inhibitor (MAOI) type of medication, for example, moclobemide (Aurorix ®)

## **HOW SHOULD I STORE THIS MEDICINE?**

Keep this medication in the container it came in, tightly closed. Store it in a cool and dry place. Consult your pharmacist about the proper disposal of your medication.

***Discard all medication that is outdated or no longer required.***