

ANDROGENS

Testosterone (Andriol®), Mesterolone (Provironum®)



KK Women's and
Children's Hospital

SingHealth

Patient Information Leaflet

This leaflet answers some common questions about Androgens. It does not contain all the available information. It also does not take the place of talking to your doctor or pharmacist

What are androgens used for?

Androgens are male hormones. The drug is given when the body is unable to produce enough male hormones; to stimulate the beginning of puberty in some males; to increase the sperm count, and to treat certain types of breast growths.

When should it be taken?

Follow the instructions given by the doctor or pharmacist. The medication should be taken after food.

How should it be taken?

Androgens come in tablets or injection form. Your doctor will choose the form that is suitable for you. Your prescription label tells you how much to take at each dose.

What should I do if I missed a dose?

Take the missed dose as soon as possible. But if it is almost time for your next dose, skip the missed dose and take only the scheduled one. Do not take double dose.

What side effects can this medicine cause?

Some side effects that you may experience while on this medication are:

- Mild nausea
- Constipation
- Stomach pain
- Bloating of abdomen or stomach
- Temporary loss of appetite
- Change in sexual drive

These side effects may go away during treatment as your body adjusts to the medicine. If they continue or become bothersome, check with the doctor.

Special Instructions

Inform the doctor if there is yellowing of skin, vomiting or swelling of the ankles and fingers.

For female patients, contact the doctor if there is any of the following:

- Hoarseness or deepening of voice
- Unnatural hair loss or excessive hair growth
- Acne
- Menstrual irregularities

Diabetic patients should check with your doctor if there is a change in results of your blood or urine sugar tests.

Storage

Store the medication in a cool, dry place, away from heat and direct light. Keep out of reach of children.