



ANTI-ESTROGEN TYPE DRUGS *(for men)*

Clomiphene, Tamoxifen

Patient information leaflet

This leaflet answers some common questions about Clomiphene and tamoxifen. It does not contain all the available information. It does not take the place of talking to the doctor or pharmacist.

What is clomiphene and tamoxifen used for?

Clomiphene and tamoxifen are used in an attempt to correct sub-fertility in some men, after careful examination by the physician. They work by changing the hormonal balance of the body, indirectly causing the increase in sperm count and activity.

When should I take the medication?

Your doctor has determined how often you should take this medication.

How should it be taken?

The medications are presented in tablet forms, to be taken by mouth. Follow your doctor's specific instructions regarding the quantity and duration of drug intake.

What should I do if I miss a dose?

Take the missed dose as soon as you remember it. If it is almost the time for your next dose, skip the missed dose and take only the scheduled one. Do not double dose.

What side effects can this medicine cause? What can I do about them?

Clomiphene: Some common side effects include blurred vision or other vision problems, dizziness or lightheadedness or headache.

Tamoxifen: Nausea and vomiting are some common side effects. Taking the tablet with food will minimize the incidences. Other infrequent side effects include lightheadedness or headache, skin rashes, drowsiness, confusion and blurred vision. Consult your doctor if you develop pain in the legs or difficulty in breathing.

Other precautions?

If you have liver problems, inform the doctor before taking the medication. For tamoxifen, consult the doctor if you have cataracts or other eye problems.

Special instruction

Inform the doctor of any visual problem after taking the medication.

Storage condition

Store tablets in their original packs at room temperature, away from heat, light and moisture. Keep out of reach of children.