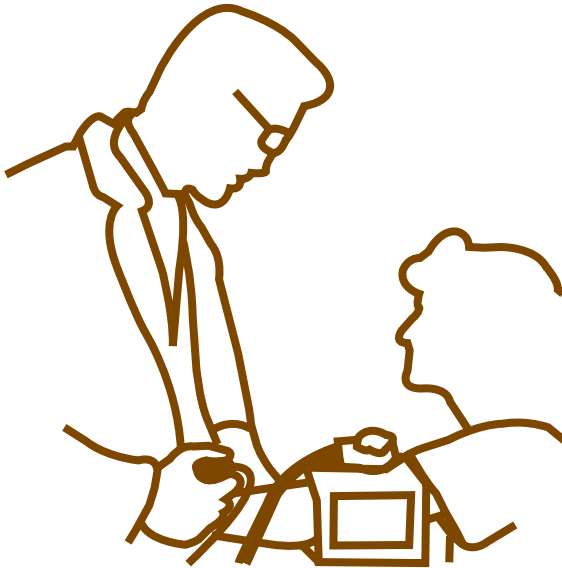


# PATIENT INFORMATION

Medicine To Treat: \_\_\_\_\_

**H**ypertension

*Beta Blockers*



## **WHAT ARE BETA BLOCKERS USED FOR?**

Beta blockers are used to control high blood pressure and treat certain heart conditions such as irregular heart beats and heart attack. It is also used to manage migraine and some thyroid disorders. It slows down the heartbeat and reduces the need for oxygen by the heart.

## **WHAT ARE THE POSSIBLE SIDE EFFECTS OF BETA BLOCKERS?**

Patients taking beta blockers may experience fatigue, dizziness, numbness or tingling of fingers and toes. Some men may experience a certain degree of impotence.

## **WHAT PRECAUTIONS SHOULD I TAKE?**

If you have a history of asthma, you should inform your doctor because the medicine may precipitate an asthmatic attack . If you are pregnant or planning to conceive, you should also consult your doctor before using this medicine.

***Keep all medication out of reach of children.***

## **WHAT ARE THE COMMONLY USED BETA BLOCKERS?**

- Atenolol
- Propranolol
- Metoprolol
- Carvedilol

## **WHAT SHOULD I DO IF I FORGET A DOSE?**

- If you miss a dose, take the missed dose as soon as you remember. If it is almost time for your next dose, take only the usual dose. Do not double the dosage.

## **HOW SHOULD I STORE MY MEDICINE?**

- Unless instructed otherwise, store your medicines in a cool, dry place and protect them from moisture, heat and direct sunlight.
- Store medicine in the original labelled container. Do not keep different types of medicine together in one container.

***Discard all medication that is outdated or no longer required.***