# PATIENT INFORMATION

## Medicine To Treat: -



**Angiotensin II Receptor Blockers** 



## WHAT ARE ANGIOTENSIN II RECEPTOR BLOCKERS USED FOR?

This is a new class of blood pressure lowering drugs. They act by blocking the action of a substance called angiotensin II at the blood vessel walls and thereby prevent the narrowing of blood vessels.

## WHAT ARE THE POSSIBLE SIDE EFFECTS OF ANGIOTENSIN II RECEPTOR BLOCKERS?

The side effects are rare and include dizziness and lightheadedness on getting up.

#### WHAT PRECAUTIONS SHOULD I TAKE?

If you are pregnant or planning to conceive, you should inform your doctor. It should not be taken together with high doses of diuretics as this may give rise to low blood pressure.

## WHAT ARE THE COMMONLY USED ANGIOTENSIN II RECEPTOR BLOCKERS?

- Losartan
- Irbesartan
- Valsartan

#### WHAT SHOULD I DO IF I FORGET A DOSE?

If you miss a dose, take the missed dose as soon as you remember.
If it is almost time for your next dose, take only the usual dose. Do not double the dosage.

#### HOW SHOULD I STORE MY MEDICINE?

- Unless instructed otherwise, store your medicines in a cool, dry place and protect them from moisture, heat and direct sunlight.
- Store medicine in the original labeled container. Do not keep different types of medicine together in one container.

Discard all medication that is outdated or no longer required.





