



PROGESTOGENS

Dydrogesterone, Medroxyprogesterone, Micronised Progesterone, Norethisterone

Patient Information Leaflet

This leaflet answers some common questions about a group of drugs called Progestogens. It does not contain all the available information. It also does not take the place of talking to your doctor or pharmacist.

What is Progestogen used for?

Progestogen is a hormone which is a substance produced by the body. It is needed to prepare the uterus for implantation of a fertilized egg and is also needed for the maintenance of pregnancy once implantation occurs.

It is used to treat absence of menstrual flow, abnormal bleeding from the uterus and endometriosis. It is also used with oestrogen replacement therapy for menopause. It may be used to enhance implantation of a fertilized egg (routinely used for during IVF) and to decrease spontaneous abortion.

When should it be taken?

Your doctor has determined how often you should take this medication. Follow carefully the instruction on your prescription label and ask your doctor or pharmacist to explain any part that you do not understand.

How should it be taken?

Progestogens come in tablets that are to be swallowed, injectable forms and pessaries or suppositories to be inserted into the vagina or rectum respectively.

Tablets are to be taken after food. This would help to minimise stomach discomfort.

For suppository, remove the tablet from wrapper just before inserting and wet the tablet with a little tap water.

What should I do if I missed a dose?

If you miss a dose of this medication, take it as soon as you remember. If you remember a missed dose at the time you are scheduled to take the next dose, omit it completely and take only the regular scheduled dose.

What side effects can this medicine cause?

Side effects of Progestogens include:

- Nausea and vomiting
- Discoloration of the skin
- Inability to sleep
- Dizziness
- Stomach discomfort
- Weight gain
- Headache
- Fainting

Special Instructions

Do not stop taking the medication unless your doctor specifically tells you to do so.

Other Precautions

If you have epilepsy, migraine headaches, diabetes, asthma, heart disease or kidney disease, tell your doctor before beginning to take the drug.

Storage

Keep this medication in the container it came in and store at room temperature, in a cool, dry place. Keep out of reach of children.

人造荷尔蒙



KK Women's and
Children's Hospital

SingHealth

Dydrogesterone, Medroxyprogesterone, Micronized Progesterone, Norethisterone

病人须知

此册为您解答一些对于此药物的疑问，并不完全详载此药之全部资料，若有任何疑问可请教医生或药剂师。

这药的作用是什么？

这是荷尔蒙，它的功效是使受精后的卵子能够植在子宫内，并且用助于维持身孕。它也可以用来治疗无经病状、不正常的子宫出血及子宫内膜炎等病状。它也用于荷尔蒙补充的治疗法，以及用来减低流产的可能性。

什么时候服药？

按照标签上的说明服药。如有疑问，请医生或药剂师为你解释。

怎样用药？

此药有可供服食的药片，注射入身体的药剂，以及放进阴道或肛门的药片。

- 口服的药片需在饭后服食。
- 放进阴道或肛门的药片，在应用时应先除去包装纸，然后用清水沾湿。

若忘记服药该怎么办？

若忘了服一剂药，再想起时应即补服。若在将服下一剂药时才想起已漏食一剂，只需服一剂便可，切勿加倍分量服用，以求补回所漏去的一剂。

服药后会引起什么副作用？

此药可能会引起恶心或呕吐子类的副作用。若肠胃不适，可在饭后才服药。此药也可能造成肤色稍变，体重增加，失眠，头痛或头晕眼花。

在服药期间要注意什么特别事项？

在未得医生同意之前，不可停药。肝病患者，血管阻塞，癫痫及乳癌或阴器病患者在服此药前须先通知医生。

怎样贮藏此药？

把药保存在原来的药瓶内，将瓶盖关紧，存放在室内阳光晒不到及儿童拿不到的地方。