#### About your medicine

Your doctor has prescribed colchicine for you::

#### What is this medicine used for?

This medicine is used for the treatment of acute gout. It is also used for other conditions, including the management of skin conditions, as determined by your doctor.

#### How should I take this medicine?

Take each dose with a full glass of water.

## What should I do if I forget a dose?

If you are directed by your doctor to take this medicine regularly, take the missed dose as soon as you remember. If it is almost time for the next dose, skip the missed dose.

Do not double the next dose to make up for the missed dose.

# What possible side effects may it cause?

Certain side effects of this medicine are not unusual and may even disappear during treatment. If any of the following effects persist or are severe, consult your doctor.

- Diarrhoea
- Nausea or vomiting
- Stomach upset

Consult your doctor as soon as possible if any of these additional effects occur, as they may indicate more serious side effects:

- Constipation
- Decreased appetite
- Difficulty urinating
- Hair loss
- Mouth sores

# What precautions should I take?

- Inform your doctor if you have liver or kidney disease; stomach problems (e.g., bleeding ulcer), blood disorders; alcohol dependence.
- For women: Tell your doctor if you are pregnant, plan to become pregnant, or are breast-feeding.
   This medication is not recommended for use during pregnancy. Consult your doctor for more details.
- Colchicine passes into breast milk. While there have been no reports of harm to nursing infants, consult your doctor before breast-feeding.
- For men: Colchicine can affect sperm production, which may lower male fertility. Consult your doctor for more information.
- Alcohol can decrease this drug's effectiveness.
   Limit alcohol consumption while taking this drug.
- Kidney function declines as you grow older. This
  medication is removed by the kidneys.
  Therefore, elderly people may be at greater risk
  for side effects while using this drug, especially
  muscle problems.

- Inform your doctor if you are taking any other medications, in particular, antibiotics (e.g., clarithromycin, erythromycin), ciclosporin and vitamin B12 (cyanocobalamin).
- Do not allow anyone else to take this medication.

#### How do I store this medicine?

- Keep this medicine away from heat and direct sunlight in a cool, dry place, out of reach of children.
- Do not keep this medicine with other medications in the same container. Keep each medicine separately in labeled containers

When in doubt, consult your doctor or pharmacist:
National Skin Centre
1 Mandalay Road, Singapore 308205.
Tel: 63508454

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# **PATIENT INFORMATION LEAFLET**

# **COLCHICINE**

