



Know
Your Medicines,
Get It Right!

了解药物 • 正确服用



19th Oct – 30th Oct 2009

药 物 检 验

Medication Check-Up

Get Your Medicines Checked by Your Pharmacist!

- Why am I taking this medicine?
- Can I take my vitamins with my prescribed medicine?
- My mum is taking so many pills and I'm not sure if she's taking them the right way?
- 我为什么要服用这种药物?
- 我可否同时服用药物与维他命?
- 我的母亲服用许多药物，但我不知道她是否正确服药?

Having questions about your medicines and want to know more?

Ask your pharmacist right away!

您是否对您的药物有任何疑问并且想要了解更多?
让药剂师为您一一解答!

Take charge of your medicines and mark these dates on your calendar!



开始管理好您的药物，在您的日历上记下这项活动!

Organised by:
主办:



Pharmaceutical Society
of Singapore

For more details, refer to Pharmaceutical Society of Singapore website:

欲知详情，请浏览新加坡药剂协会网站：

www.pss.org.sg or call 62211136



3 Easy Steps to Know Your Medicines:

认识您药物的3个简单步骤:

1. **Call your friendly and professional pharmacist** to make an appointment.
 2. **Bag all your medicines** (including prescribed and over-the-counter medicines, health supplements)
 3. **Your pharmacist will check your medicines** for any drug-related issues and organize them for easy consumption. (Caregivers are welcome to join the session)
1. 拨电向您的专业药剂师预约。
 2. 将您所有的药物（包括医生处方药物和无需处方而购买的药物，以及保健品）放入袋中。
 3. 您的药剂师会查看您的药物是否有任何问题，并将药物加以整理，便于服用。（欢迎看护人一起参与）

Central

Alexandra Hospital	6379 3330 / 3331
Ang Mo Kio – Thye Hua Kwan Hospital	6450 6194
Essentials Pharmacy	6538 3801
Guardian - Ang Mo Kio Blk 704	6456 5766
Guardian - Chinatown Point	6535 3372
Guardian - Funan The IT Mall	6338 3603
Guardian - Great World City	6235 4037
Guardian - Novena Square	6252 7019
Guardian - Orchard Towers	6733 7508
Guardian - Plaza Singapura	6338 0813
Guardian - Raffles Place MRT	6438 4962
Guardian - Suntec City Mall	6338 4377
Guardian - Tanglin Mall	6836 1146
Guardian - Thomson Plaza	6458 9896
Guardian - Tiong Bahru Plaza	6276 3976
Guardian - Toa Payoh Central	6352 5912
IMH - Child Guidance Clinic	6435 3807
IMH - Community Wellness Centre	6471 5797
Institute of Mental Health	6389 2077
KK Women's and Children's Hospital	6394 2463
Mount Elizabeth Hospital	6731 2203
National Skin Centre	6350 8455 / 8456
NHG Pharmacy - Ang Mo Kio	6554 7480
NHG Pharmacy - Toa Payoh	6354 7330
Singapore General Hospital	6321 4110
SingHealth Polyclinic - Bukit Merah	6377 5234
SingHealth Polyclinic - Outram	6435 3960
SingHealth Polyclinic - Queenstown	6471 9563
Tan Tock Seng Hospital	6357 2040
Unity - Ang Mo Kio	6552 2001
Unity - Great World City	6235 1601
Unity - Suntec City	6836 5483
Unity - Thomson Plaza	6552 1965
Watsons Pharmacy - ION Orchard	6509 8129
Watsons Pharmacy - Lucky Plaza	6736 0956
Watsons Pharmacy - Marina Square	6334 2461
Watsons Pharmacy - Raffles City	6334 2462
Watsons Pharmacy - Tiong Bahru Plaza	6271 6897
Watsons Pharmacy - Toa Payoh HDB Hub	6259 1334

Northwest Zone

Guardian - Causeway Point	6894 3014
Guardian - Cold Storage Jelita	6469 0700
Guardian - IMM	6566 7660
Guardian - Northpoint Shopping Centre	6754 6574
Guardian - Sun Plaza	6555 1459
NHG Pharmacy - Woodlands	6396 7026
NHG Pharmacy - Yishun	6757 7795
Watsons Pharmacy - North Point	6753 3036

Northeast Zone

Guardian - Century Square	6786 2872
Guardian - Compass Point	6315 9031
Guardian - Giant Building	6788 4161
Guardian - Hearthland Mall - Kovan	6487 4580
Guardian - Serangoon Gardens	6287 7190
Guardian - White Sands	6581 6365
NHG Pharmacy - Hougang	6489 8076
SingHealth Polyclinic - Pasir Ris	6585 5392
SingHealth Polyclinic - Sengkang	6315 3504
SingHealth Polyclinic - Tampines	6587 7254
Unity - Hougang Point	6384 0952
Unity - Tampines One	6784 6055
Watsons Pharmacy - Compass Point	6881 6209
Watsons Pharmacy - Tampines Mall	6260 5018

Southwest Zone

Guardian - Choa Chu Kang MRT	6462 3812
Guardian - Jurong Point Shopping Centre	6794 0501
Guardian - LOT 1 Shopping Mall	6468 6712
Guardian - Vivo City	6376 9947
Guardian - West Mall Shopping Centre	6794 0903
Guardian - Yew Tee Mrt Station	6769 1147
National University Hospital	67725181 / 5184 / 3400
NHG Pharmacy - Bukit Batok	6896 2271
NHG Pharmacy - Clementi	6779 5945
NHG Pharmacy - Jurong East	6665 6468
NHG Pharmacy - Teck Whye Crescent	6765 9648
Unity - Lot 1	6763 7678
Unity - West Coast Plaza	6779 5926
Watsons Pharmacy - Jurong Point	6790 8770
Watsons Pharmacy - Vivo City	6376 9430

Southeast Zone

Changi General Hospital	6850 1887
Guardian - (Part) Lion City Hotel	6744 6970
Guardian - Bedok Central	6444 0072
Guardian - Parkway Parade	6344 2102
SingHealth Polyclinic - Bedok	6243 6764
SingHealth Polyclinic - Geylang	6842 3226
SingHealth Polyclinic - Marine Parade	6342 5043
Unity - East Point	6788 2415
Unity - Marine Parade	6345 1548
Watsons Pharmacy - Bedok Central	6246 0873
Watsons Pharmacy - Parkway Parade	6440 4923

