GLOVES AND COVID-19

by the Pharmaceutical Society of Singapore
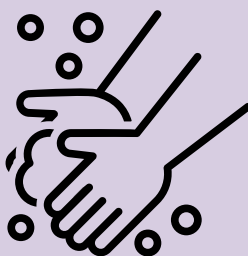
SCAN ME

PHARMACEUTICAL SOCIETY OF SINGAPORE
NOT FOR SELF BUT FOR ALL

JUST ASK!
OWN YOUR HEALTH
KNOW YOUR MEDICINES
BEFRIEND YOUR PHARMACIST

Do gloves protect us from COVID-19?

How do we use them safely?

1 USE GLOVES AS A LAST RESORT

Soap and water, or hand sanitisers are more effective method of keeping our hands free from germs.

Use gloves to protect your hands from harsh disinfectants

2 GLOVES CAN SPREAD INFECTION IF YOU ARE CARELESS

The outside of the glove may be contaminated with germs.

Avoid touching your face.
Cleanse all surfaces which come into contact with gloves

3 NOT ALL GLOVES ARE THE SAME

Protection against bacteria and viruses:
Latex>Nitrile>Vinyl

Cloth gloves are not resistant to infectious droplets

REMOVE GLOVES SAFELY AS FOLLOWS

1. Grip the outside of your glove at the top of your wrist. Do not touch bare skin
2. Pull the glove away from your body, holding it inside out
3. Peel off the second glove by putting your fingers inside the glove at the top of your wrist
4. Turn the second glove inside out while pulling it away from your body,

1
2
3
4

Dispose of gloves and wash hands throughly