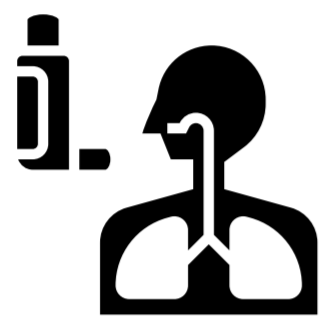




ARE VACCINES USEFUL ?

The MINISTRY OF HEALTH NATIONAL ADULT IMMUNISATION SCHEDULE recommends that the following people get vaccinated against influenza and pneumonia

ANY PERSONS AGE 65 YEARS AND OVER



PEOPLE WITH **LONG TERM MEDICAL CONDITIONS** SUCH AS: ASTHMA, CHRONIC LUNG DISEASE, HEART CONDITIONS, HIGH BLOOD PRESSURE, KIDNEY FAILURE, DIABETES

PEOPLE WHO:

- STAY IN NURSING HOMES
- HAVE WEAKENED IMMUNE SYSTEMS



WHAT IS THE PNEUMONIA VACCINE?

This vaccine protects patients from the *Streptococcus pneumonia* bacteria

There are 2 forms of the vaccine: PCV13 and PPSV23

Both vaccines should be given at least once for full coverage

WHAT IS THE INFLUENZA VACCINE?

This vaccine protects against common strains of the Influenza virus (not COVID-19)

The vaccine is updated yearly as the virus strain can change frequently

Hence people should receive the new influenza vaccine every year



While these vaccines do not protect against COVID-19, they still help prevent other serious respiratory illnesses

The COVID-19 virus is so new and different that it needs its own vaccine

Research is in progress for a safe and effective vaccine against COVID-19

Learn more about these vaccinations here



Get up-to-date information about COVID-19 at pss.org.sg

