

AQUEOUS NASAL SPRAY

Directions for Use:



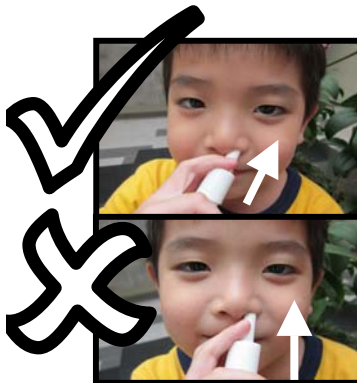
1. Shake the container before removing the plastic cap. If the spray is being used for the first time or if it has not been used for 14 days or longer, you will need to prime it.



2. To prime, hold the spray as shown in the diagram (left). Press down firmly and release the white collar. Repeat this step until a fine mist is obtained.



3. Shake the spray well before each use. Close one nostril with your finger and tilt your head forward slightly.



4. Point the end of the nozzle towards the outside wall of your nose, away from the centre ridge of your nose. This helps to direct the medicine to the correct part of your nose.

Press firmly downwards once to release the medication. Breathe in gently through the nostril then breathe out through the mouth. Repeat for the other nostril.



5. After use, wipe the nozzle with a clean tissue and replace the plastic cap. Store in a cool, dry place away from sunlight.

Note: Parents should assist young children in the nasal spray application. Older children should be supervised during the application.

如何使用喷鼻剂



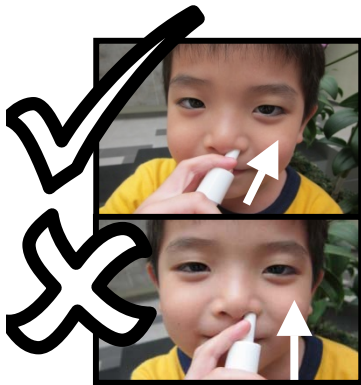
1. 使用前，现将喷液摇匀，再把防喷盖拿开。如果是第一次使用，或有两星期以上未经使用，应先试喷。



2. 先试喷药液6至7次直至出现细微的喷雾。具体做法：用拇指托住瓶底，食指和中指握紧喷嘴两边（如左图所示），并将喷嘴往下按。



3. 使用前，先将喷液摇匀，并把鼻涕擤干净，保持站立，或坐立的姿势。把头向前倾，用手指封着一边鼻孔，把喷嘴小心推进另一边鼻孔。



4. 把喷嘴朝向鼻孔外侧，别朝向两个鼻孔的中间。这有助于引导药液进入鼻子正确的部位。

用食指和中指按下喷嘴，并用拇指托住瓶底，让药液喷入鼻孔，然后轻轻的用鼻子吸气，然后通过口呼气。在另一边鼻孔重复整个步骤。



5. 在每次使用喷鼻剂之后，记得用纸巾把喷嘴和防喷盖内侧末干净，然后套回封盖。储存在阴凉干燥的地方，远离阳光。

注：家长应协助幼童使用喷鼻剂。年龄较大的儿童应在家长的监督下使用喷鼻剂。