About your medicine

Your Doctor has prescribed Aldara Cream for you. It contains an active ingredient called imiquimod.

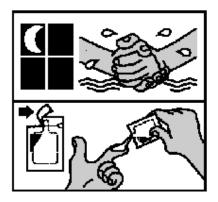
What is this cream for?

Imiquimod works on the immune system and is indicated for the treatment of external genital and perianal warts/ condyloma acuminata in adults or actinic keratosis / solar keratosis.

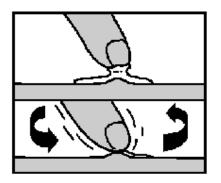
This cream is also used for other skin conditions as determined by your doctor, including molluscum contagiosum in children.

How should I use this cream?

- Imiquimod cream is to be applied 3 to 5 times per week, before going to sleep and left on the skin for 6-10 hours.
- Before applying the cream, wash your hands and the treatment area with mild soap and water and dry thoroughly. Squeeze some cream onto your fingertip.



• Apply a thin layer of the cream onto the treatment area and rub gently into the skin until the cream vanishes. Do not use more cream than is needed to cover the treatment area.



• After applying the cream, wash your hands with mild soap and water.



• Leave the cream on the affected area for 6- 10 hours. Do not shower or bathe during this time.



- After 6- 10 hours, wash the area where the cream was applied with mild soap and water.
- After several applications according to the course of treatment prescribed by your doctor, the lesions will shrink or dry up upon healing.



What should I do if I forget an application?

If you miss an application, apply it as soon as possible. However, if it is almost time for your next application, skip the missed application and go back to your regular usage schedule.

What possible side effects may it cause?

Certain side effects of this cream are not unusual. If the side effects persist or are severe, consult your doctor.

- Skin reddening, swelling and flakiness at the site are normal, which are signs of your immune system fighting the abnormal cells. Even if these symptoms are not present, the medication may still be working.
- Should severe local skin reactions occur, remove the cream by washing with mild soap and water. Take a short break of 3 to 4 days and continue again.

What precautions should I take?

- Imiquimod cream is for external use only. Eye contact should be avoided.
- If you are pregnant or breastfeeding, see your doctor immediately to discuss risks and benefits of using this medicine.
- Imiquimod cream administration is not recommended until treatment area is healed from any previous drug or surgical treatment.
- The treatment area should not be bandaged or otherwise covered or wrapped as to be occlusive.

For patients using it for external genital and perianal warts/ condyloma acuminata:

- Sexual contact should be avoided while the cream is on the skin.
- Imiquimod cream may weaken condoms and vaginal diaphragms, thus concurrent use is not recommended.
- If severe tightness, swelling or skin tearing occurs, stop treatment immediately and consult your doctor.

How do I store this cream?

- Keep this away from heat and direct sunlight in a
- cool dry area, out of reach of children.

When in doubt, consult your doctor or pharmacist. National Skin Centre 1 Mandalay Road, Singapore 308205. Tel: 63508454



NATIONAL SKIN CENTRE

Imiquimod Cream

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