## PATIENT INFORMATION LEAFLET



## MEDICINE TO TREAT: HYPERTENSION

## **Angiotensin II Receptor Blockers**

## 1 What are Angiotensin II Receptor Blockers used for?

This is a new class of blood pressure lowering drugs. They act by blocking the action of a substance called angiotensin II at the blood vessel walls and thereby prevent the narrowing of blood vessels.

What are the possible side effects of Angiotensin II Receptor Blockers?

The side effects are rare and include dizziness and lightheadedness on getting up.

3 What precautions should I take?

If you are pregnant or planning to conceive, you should inform your doctor. It should not be taken together with high doses of diuretics as this may give rise to low blood pressure.

- 4 What are the commonly used Angiotensin II Receptor Blockers?
- Losartan
- Irbesartan
- Valsartan

<sup>\*</sup> Ref: MOH/Eng/014-Aug08

<sup>\*</sup> Medicine to Treat Hypertension: ARB

<sup>\*</sup> Keep all medication out of reach of children \* Discard all medication that has expired or is no longer required.