# KK Women's and Children's Hospital SingHealth

# **CLOMIPHENE**

(for women)

Patient information leaflet

This leaflet answers some common questions about Clomiphene. It does not contain all the available information. It does not take the place of talking to the doctor or pharmacist.

# What is Clomiphene used for?

Clomiphene is used as a fertility medicine in some women who are unable to become pregnant. Clomiphene probably works by changing the hormone balance of the body, causing ovulation to occur and prepares the body for conception.

## When should I take the medication?

Therapy may be started at any time in accordance with doctor's instruction.

### How should it be taken?

Take this medication only as directed by your doctor.

For example, if you are to begin on Day 1, count the first day of your menstrual period as Day 1. Beginning on Day 1, take the correct dose everyday for as many days as your doctor has instructed. To help you to remember to take your dose of medicine, take it the same time each day.

### What should I do if I miss a dose?

Take the missed dose as soon as you remember it. If you remember the missed dose at the time you are scheduled to take the new dose, omit the missed dose and take only the scheduled one. Do not double dose to make up for the missed one.

# What side effects can this medicine cause? What can I do about them?

Some of the common side effects include blurred vision, decreased or double vision or other vision problems, hot flushes, dizziness or light headedness or headache.

# Other precautions?

Clomiphene should not be used in patients with liver or a history of liver dysfunction, abdominal bleeding of undetermined origin.

# **Special instructions**

Inform the doctor of any visual problems after taking clomiphene. To avoid inadvertent administration during early pregnancy the basal temperature should be recorded throughout all treatment cycles and the patient should be carefully observed to determine whether there are indications of ovulation

### Storage condition

Keep this medication in the container it came in. keep this medicine out of reach of children.