



PSS Hospital Chapter presents :
PHARMACISTS & THE GERIATRIC PATIENT –
A DISCUSSION FORUM BY PHARMACISTS,
FOR PHARMACISTS

15
February,
2014

Synopsis

With the ageing population, pharmacists need to be attuned to the healthcare need of geriatric patients. PSS Hospital Chapter is pleased to facilitate this process through its inaugural geriatrics forum. The Pharmacist Specialist Accreditation Board (PSAB) has accredited specialist pharmacists in geriatrics. In this discussion forum, we are privileged to have pharmacists who are on this specialist register to share at the forum.

All pharmacists who are interested in the pharmaceutical care of the geriatric population, including those working in the community, restructured or private hospitals; in nursing homes or other pharmacy practice settings are invited to participate in this forum.

Forum Objectives

In this forum, you will –

- Learn about how geriatrics specialist pharmacists achieve specialization in this area
- Find out what the *Certified Geriatric Pharmacist* certification is all about and ways to build capabilities to serve the geriatric population better
- Learn about the inpatient and ambulatory pharmacy services that a pharmacist specializing in geriatrics can provide
- Learn about principles of care of older adults
- Go through case studies
- Have a discussion with the speakers and pharmacists present on the care of geriatric patients
- Explore participants' interest in a 'Geriatrics Special Interest Group' (G-SIG)

Registration: To register, please email to admin@pss.org.sg with the following details:

- Name
- Designation
- Institution
- PSS membership number
- Contact numbers (office and hand phone)
- Any dietary restrictions? Yes or No. If 'Yes', please state.

PROGRAM		
TIME	15th February 2014, Saturday	SPEAKER
1400 - 1405	Introduction	Tan Yuen Ming (NUH)
1405 - 1430	Presentation on "My journey to being a geriatrics specialist pharmacist"	Low Suat Fern (KTPH)
1430 - 1500	Presentation on "Ways to build capabilities, including a look into the <i>Certified Geriatric Pharmacist</i> certification and research"	Wendy Ang (CGH)
1500 - 1515	Tea-Break	
1520 - 1550	Presentation on "Inpatient and ambulatory pharmacy services that a specialist geriatrics pharmacist can provide"	Tan Keng Teng (TTSH)
1550 - 1620	Discussion and Q & A session	All
1620 - 1650	Discussion of case studies : "Guiding Principles for the Care of Older Adults with Multi-morbidity : An Approach for Clinicians" (Link to this article will be sent prior to forum)	Wendy Ang (CGH), Lin Huimin (CGH) & Wan Mei Qi (NUH)
1650 - 1715	Geriatrics Special Interest Group - Exploration of interest	All

Venue: Kaizen (Room) 1 at Learning Centre, Level 1, Tower B, Khoo Teck Puat Hospital

Fees: Free for members, \$40 for non-members

Lecture materials and tea/coffee break are provided.

Payment for non-members can be made on the day itself.

Speakers' Introduction

(1) Name : Low Suat Fern
 Title : Principal Pharmacist
 Affiliation : Khoo Teck Puat Hospital (KTPH)

About the speaker:

Suat Fern is an accredited geriatrics specialist pharmacist.

She currently heads the nursing home medication review and supply service at Khoo Teck Puat Hospital and runs the hospital's Geriatric Pharmacist Clinic. She piloted the Medication Therapy Management (MTM) service to the community through the AIC-funded Pharmacist Outreach Programme (POP). She also led the collaboration with Thye Hua Kwan Moral Society. In addition, she is a member of the

- (a) Medication Reconciliation Blueprint workgroup and
- (b) Pharmacy Specialists Accreditation Committee for Advanced Pharmacotherapy (Geriatrics) initiated by Chief Pharmacist, Ministry of Health;
- (c) Board Of Visitors for Welfare Homes appointed by the Minister for Health and
- (d) Standards and Accreditation Resource Unit.

(2) Name : Wendy Ang Swee Tee
Title : Principal Clinical Pharmacist
Affiliation : Changi General Hospital (CGH)

About the speaker:

Wendy is a Principal Clinical Pharmacist at Changi General Hospital. She graduated from the Department of Pharmacy, National University of Singapore and has since been working as a hospital inpatient pharmacist.

Geriatrics and long term care are Wendy's special interests.

Through an HMDP attachment in Tucson, Arizona and a year-long residency in geriatrics in Spokane, Washington, she was able to enrich her experience in nursing homes and residency training. Wendy is an accredited geriatrics specialist pharmacist. She also has had the opportunity to work with nursing homes and pharmacy students in various projects involving medications and older people.

Aside from her special interests, Wendy also serves on various inter-institutional groups, such as the Medication Reconciliation Workgroup, the Singapore Pharmacy Council's CPE Accreditation Committee and SingHealth's Combined Institutional Review Board.

(3) Name : Tan Keng Teng
Title : Principal Pharmacist (Clinical)
Affiliation : Tan Tock Seng Hospital (TTSH)

About the speaker:

Keng Teng is an accredited geriatrics specialist pharmacist.

Through a 1-year residency in geriatrics in Los Angeles, California, she was exposed to various healthcare institutions and learnt the importance of continuity of care for elderly patients in different settings.

She works closely with geriatricians at Tan Tock Seng Hospital in various research and quality improvement projects; to improve the standard of care for geriatric patients. She piloted the Medication Reconciliation Service at TTSH Geriatric Medicine Clinic and manages elderly patients on warfarin in both the inpatient and outpatient settings.

She is a member of the MOH Pharmacy Specialists Accreditation Committee for Advanced Pharmacotherapy (Geriatrics) and MOH Pharmacy Specialist Training Committee. She also served as a supporting expert in the MOH Nursing Home Standards Workgroup.

(4) Name : Wan Mei Qi
Title : Senior Clinical Pharmacist
Affiliation : National University Hospital (NUH)

About the speaker:

Mei Qi practices in the National University Hospital as an inpatient pharmacist, covering Internal Medicine and Geriatric wards. She graduated from the National University of Singapore with a Bachelor of Science (Pharmacy) degree and subsequently obtained her Masters of Clinical Pharmacy from the University of South Australia. She is a Certified Geriatric Pharmacist as well as a Board Certified Pharmacotherapy Specialist.

She is involved in preceptoring pre-registration pharmacists as well as Clinical Pharmacist Preparatory Programme candidates.

(5) Name : Lin Huimin
Title : Pharmacist
Affiliation : Changi General Hospital (CGH)

About the speaker:

Ms. Lin Huimin is a pharmacist at Changi General Hospital where her work focuses primarily on elderly patients. She graduated with first class honours in Bachelor of Science (Pharmacy) from the National University of Singapore in 2008 and is a Board Certified Pharmacotherapy Specialist (BCPS). She is currently pursuing a Master of Clinical Pharmacy with the University of South Australia. With a keen interest in geriatrics, she has been providing consulting services to various nursing homes in Singapore since 2009. She is also involved in the education of pre-registration pharmacists and other healthcare professionals in the area of geriatrics and has spoken at a public forum on 'Caring for the Frail Elderly At Home'.