



M&M'S (Milk, Medicine & Supplements)

for *Kids* 

Date: 5 February 2014, Thursday
Venue: KKH Auditorium
Time: 9.00am to 11.00am
Fee: \$12 (PSS members \$10)
Registration starts 8.30am

CPE 4 points and CNE points will be awarded

Register now! Simply send your name, organisation, department, contact number and payment details to vincent.chua.kp@kkh.com.sg

How to Evaluate Safety and Efficacy of Medications Used in Children



**By Ms Lim Kae Shin, Pharmacist, KKH
MPharm (UK)**

As the head of the Pharmacy Drug Information Services in KKH, Ms Lim is skilled in providing advice to healthcare professionals on therapeutic choices through evidence-based integration of medicines and health information. In addition, her responsibilities include improving safety practices within the hospital and keeping up to date with drug and treatment guidelines. Through case studies, she will discuss common and unique safety and efficacy issues on the use of paediatric drugs and supplements in an every day setting and adopt a more evidence-based approach to these situations.

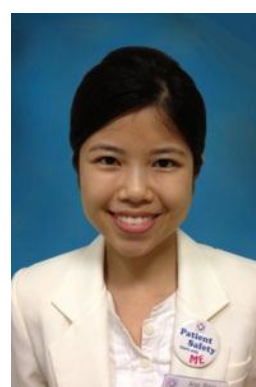
Common Paediatric “Pharmacy Only” Medications and Supplements



**By Ms Jamie Stephanie, Pharmacist, KKH
BSc (Pharm) Hons (Singapore)**

As an Outpatient Pharmacist, Ms Jamie encounters both paediatric and adult medications, and handles queries from parents regarding supplements for their children on a daily basis. As part of the Pharmacy Drug Information Services, she is involved in drug-related issues in the hospital. Her other responsibilities include improving medication safety as part of the Pharmacy Medication Safety Committee. She will share on common “Pharmacy Only” medications and supplements in the paediatric population.

Understanding the Milky Way



**By Ms Ang Bixia, Senior Dietitian, KKH
BSc (Dietetics) Hons**

As a Senior Dietitian at KKH, Ms Ang's responsibilities include providing nutritional intervention and advice to children starting from pre-term infants to adolescents. She sees a wide range of children with different feeding issues including fussy eaters, food allergy and full tube feeding for nutritional support. She has a strong interest in the area of nutrition for children with diabetes and gastrointestinal problems. She will discuss on the various growing-up formulas available in the market and the recommended milk feeds for children with different medical conditions.



Programme

Time	Topics
9.00am – 9.30am	<p>How to Evaluate Safety and Efficacy of Medications used in Children by Ms Lim Kae Shin</p> <p>An evidence- based approach to help you assess safety and efficacy of paediatric drugs and supplements with greater accuracy and professionalism Learn through case studies on (eg. Omega supplement, eye drops etc):</p> <ul style="list-style-type: none">a.Common safety and efficacy issues in paediatric drugs and supplementsb.Appraising the safety and efficacy of paediatric drugs and supplements critically.c.Use of databases and drug evaluation systems
9.30am – 9.50am	<p>Common Paediatric Supplements and “Pharmacy Only” Medications Used in KKH by Ms Jamie Stephanie</p> <p>Sharing of best practices on supplements, over-the-counter and “Pharmacy Only” medications commonly used in children. Handling of common queries such as whether adult preparations can be used in children will also be discussed.</p>
9.50am – 10.00am	<p>Interactive Quiz with Audience</p>
10.00am – 10.30am	<p>Break</p>
10.30am – 11.00am	<p>Understanding the Milky Way by Ms Ang Bixia</p> <p>Understanding the differences between the various commercially available brands of milk formulas. Knowing what milk to recommend if the child has lactose intolerance, regular spitting up or cow’s milk allergy.</p> <p>How to recommend formulas that can optimise calories and nutrient intake for children who are fussy eaters or who experience failure to thrive.</p>